

What is prayer walking?

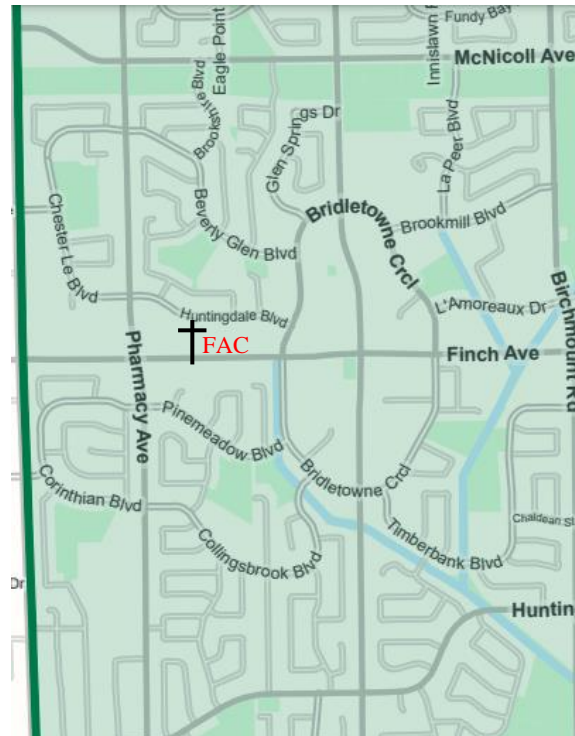
- Intercession is that type of prayer that focuses on the needs and concerns of others
- Prayer Walking allows us to intercede on sight
- As we walk, we pray for the area we are walking in

Why?

- We cover the community with prayer
- We welcome God's Holy Spirit to be in our community
- Claim Christ's Lordship over community
- We see things we would not see if we prayed from home

How?

- Using the map as a guide, choose any section of FAC's neighbourhood.
- Wear comfortable shoes
- Dress for the weather
- Choose a convenient time
- Walk and pray quietly
- Be safety wise
- Try to walk and pray once per week
- Let us know you are participating by emailing lopes@firstalliancechurch.org or contacting the church office at **416-494-3269**. We'll be happy to hear from you



Guidelines?

- Prepare your heart.
- Ask God to guide, direct, lead and impress you with His agenda for the people.
- Spend some time worshiping God
- Pray scriptures for effectiveness.
- Ask God to help you see the true spiritual needs and battles that need to be won for people who need a breakthrough.
- Walk and pray inconspicuously either individually, or in pairs. Take the approach of, "Not to be seen, but to see."
- Be sensitive to the thoughts and ideas God may be speaking to you and pray through these
- Use the FAC Facebook group to connect with others

Prayer Ideas

- Choose some scriptures, particularly Biblical prayers and pray these over the community.
- Pray for families, marriages, children, seniors
- Pray for schools in the area
- Pray for local churches in the area
- Pray for peace in the community
- Pray for safety in the community
- Pray for those in crisis, those who are undergoing great difficulties
- Pray for spiritual awakening
- Pray people will come to know Jesus

I exhort first of all that supplications, prayers, intercessions, and giving of thanks be made for all. 1 Timothy 2:1